



FLUVANNA PARKS & RECREATION

Summer 2018 Program Guide

- Active Older Adults
- Athletics and Fitness
- Enrichment
- Outdoor Activities
- Special Events
- Summer Camps



Summer Exploration with Parks and Recreation!

MISSION STATEMENT

Our Parks and Recreation Department's mission is to promote opportunities for all residents to pursue safe and enjoyable leisure activities in balance with the protection and conservation of Fluvanna's natural resources.

FLUVANNA PARKS AND RECREATION STAFF

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FLUVANNA PARKS AND RECREATION ADVISORY BOARD

Members shall advise the Director of Parks and Recreation and the Board of Supervisors on the planning and development of a comprehensive system of parks and recreation services for the benefit of the citizens of Fluvanna County. Members also serve as a liaison between the Parks and Recreation Director, the Board of Supervisors and the citizens of the county.

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Jerry Custer - Vice Chairman

jcuster@radiometeramerica.com
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Walter Hussey - At Large

whthinker@yahoo.com
(703) 967 - 1798

Financial Assistance

Parks and Recreation offers scholarships to Fluvanna County residents who qualify. Please fill out a scholarship application and provide a copy of your most recent pay stub for management to review. You can find the form on the Parks and Recreation website or at one of our offices. Each household member is allowed one discounted program per program guide.

Volunteer Opportunities

We are committed to working cooperatively in the development of our programs and amenities to identify and meet the needs of our citizens. Become an active partner with us as we strive to improve the quality of life for all Fluvanna County residents. Call (434) 589 - 2016 for opportunities to get involved.

FLUVANNA COUNTY ... THE HEART OF VIRGINIA AND YOUR GATEWAY TO THE FUTURE

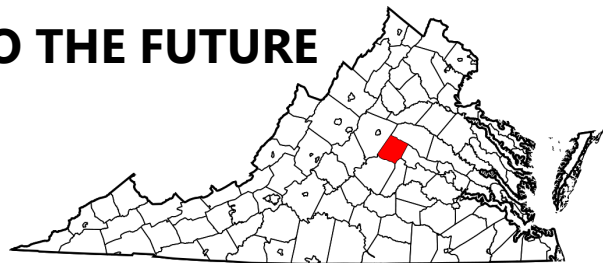


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BOARD OF SUPERVISORS

- **Columbia District:** Mike Sheridan
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- **Cunningham District:** Donald W. Weaver
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- **Fork Union District:** Mozell Booker
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- **Palmyra District:** Patricia B. Eager
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- **Rivanna District:** Tony O'Brien
tobrien@fluvannacounty.org

Board Meetings are the 1st Wednesday at 4pm and 3rd Wednesday at 7pm of every month.
www.fluvannacounty.org/government/bos

HOW TO REGISTER FOR PROGRAMS

- Registration for all programs and activities opens as soon as the current program guide is distributed.
- You must be signed up one week prior to the first class of each session.
- You must be registered to participate in a program, unless listing states otherwise.
- Register online at <https://fluvanna.recdesk.com/Community> and click “Log In.”
- Register in person at the following locations during business hours:
 - **Pleasant Grove House Museum** 271 Pleasant Grove Drive, Palmyra, VA 22963
Monday - Friday, 8am - 5pm & Saturday - Sunday 12 - 4pm.
 - **Fluvanna Community Center** 5725 James Madison Highway, Fork Union, VA 23055
Monday - Friday, 8am - 5pm.
- After business hours, you can leave registrations and payments in one of our three drop boxes:
 - **Pleasant Grove Equestrian Parking** 271 Pleasant Grove Drive, Palmyra, VA 22963
 - **Carybrook Sports Complex** 8788 James Madison Highway, Palmyra, VA 23055
 - **Fluvanna Community Center** 5725 James Madison Highway, Fork Union, VA 23055
- Course instructors will not collect fees.
- A \$20 charge will be added for any returned check.

SUMMER CAMPS

TEEN ADVENTURE CAMP

Ages 12 - 17 / See Dates Below / 7am - 6pm / See Prices Below /

Meet at Carysbrook Gym

Calling All Teens! Get ready for high adventures. Throughout these sessions we will visit Peak Experience's Climbing Center, take a day hike through Shenandoah National Park, hike to a local waterfall at Sugar Hollow, kayak/canoe the Rivanna River, and visit a high ropes course. Campers will need to bring a change of clothes, a towel, lunches and sunscreen everyday.

Session 1: May 30 - June 1 (\$80)

Session 2: June 25 - June 29 (\$125)

Session 3: July 9 - July 13 (\$125)

If you have any questions please contact Alyson Pieno at (434) 589 - 2016 or apieno@fluvannacounty.org.



VIRGINIA ATTRACTIONS WEEK

Ages 5 - 12 / June 4 - 8 / 7am - 6pm / \$170 / Meet at Carysbrook Gym

We will be taking day trips to some of Virginia's best kid-friendly attractions! This 5 day action packed camp will include activities and visits to Luray Caverns, King's Dominion, SkyZone Trampoline Park, Go-karting and a Ropes Course! Campers will need to bring comfortable shoes, lunch and sunscreen. Activities may change based on availability and weather.

If you have any questions please contact Alyson Pieno at (434) 589 - 2016 or apieno@fluvannacounty.org.

SPORTS AND GAMES WEEK

Ages 5 - 12 / June 11 - 15 / 7am - 6pm / \$170 / Meet at Carysbrook Gym

Campers will get their fill of activities this week including instruction in many different games and sports. Campers will participate in activities like visiting a waterpark, an arcade, dodgeball, flag football, and Go karts and more! Don't miss out on an exciting week of games, sports and everything in between! Campers will need to bring comfortable shoes, lunch and sunscreen.

If you have any questions please contact Alyson Pieno at (434) 589 - 2016 or apieno@fluvannacounty.org.

SUMMER CAMPS

FCPR VOLLEYBALL CAMP CLINICS

Hosted by Nicole Hackenberg and staff, including Division I, II, and III college players. Nicole was an All-Conference NCAA volleyball player; she also made the final callbacks for the 1993 US Olympic Volleyball Team. She has coached at Lehigh University, Penn State University, Juniata College, Susquehanna University, Marian Catholic High School in Pennsylvania, and Fluvanna County High School. **Please contact Parks and Recreation at (434) 589 - 2016 if you have any questions.**



Beginner - Intermediate

(Minimal experience necessary)

Girls 10 - 15 / June 11 - 15 / 8am - 12pm / \$75 / Carysbrook Gym

You will spend 5 fun-filled days learning the basic skills of volleyball in preparation for more competitive play. This great opportunity will introduce you to the skills of the game. Please bring sneakers and knee pads, a snack or light lunch and plenty to drink.

Intermediate - Advanced

Girls 13 - 18 / June 12 - 14 / 1 - 4pm / \$25 per session / Carysbrook Gym

You will spend several fun-filled days participating in drills to better your game and to get in shape for playing competitive volleyball. This is a great opportunity to refine and specialize your skills!

Session 1: Setting: June 12

Session 2: Defensive Passing: June 13

Session 3: Hitting/Blocking: June 14

TENNIS DEVELOPMENT ACADEMY

Ages 8 - 16 / All Skill Levels / Mon - Fri / 9am - 12:15pm / \$150 Per Session /

Camp Friendship

This tennis training program is designed to improve each player's strokes and game strategy, match play skills, mental preparation and fitness. This is a great opportunity for local children to meet young players from around the world. The program allows residential campers and local tennis players get together on the tennis courts of Camp Friendship. The program is run by Alina Ackenbom, USPTA-certified Elite Professional. Sign up early! Spaces are limited!

Not able to commit to 5 days a week? Drop in rate is \$30 a day but must register in advance.

Session 1: June 18 - 22

Session 2: June 25 - 29

Session 3: July 2 - 6

Session 4: July 9 - 13

Session 5: July 16 - 20

Session 6: July 23 - 27

Session 7: July 30 - Aug 3

Session 8: August 13 - 17

For questions email alina@campfriendship.com or call (434) 589 - 8950. Friendship Tennis Academy is located at Camp Friendship, 573 Friendship Way, Palmyra VA, 22963.

Contact Parks and Recreation at (434) 589 - 2016 if you have any questions.

SUMMER CAMPS

JUNIOR EXPLORER'S WEEK

Ages 5 - 12 / June 18 - 22 / 7am - 6pm / \$150 / Meet at Carysbrook Gym

Interested in exploration and fun?! Campers will visit the local National Park for exciting day hikes as well as hike to the river at Pleasant Grove Park. Campers will also visit the Richmond Zoo to learn about animals and the Lewis and Clark Exploratory Center to learn about early exploration.

If you have any questions please contact Alyson Pieno at (434) 589 - 2016 or apieno@fluvannacounty.org.

NATURE ART WEEK

Ages 5 - 12 / June 25 - 29 / 7am - 6pm / \$150 / Meet at Carysbrook Gym

This camp is perfect for youth who are aspiring artists. Campers will build bamboo forts while interacting with each other and learning to work together. Each day will consist of 2 - 3 art activities. Campers will spend time playing in their forts, hiking and playing various games!

Instructor: Sarah Sweet

If you have any questions please contact Alyson Pieno at (434) 589 - 2016 or apieno@fluvannacounty.org.

POOL CAMP

Ages 5 - 12 / July 2 - 3, July 5 - 6 / 7am - 6pm / \$90 / Meet at Carysbrook Gym

This is a shortened camp because of Independence Day. Camp will be Monday - Friday while skipping Wednesday. This camp will be an exciting 4 days of visiting various pools in the area. Campers will visit Onesty pool, cobblestone waterpark, Smith pool and Splashdown waterpark!

If you have any questions please contact Alyson Pieno at (434) 589 - 2016 or apieno@fluvannacounty.org.



SUMMER CAMPS

POTTERY CAMP (Half - Day)

Ages 7 - 13 / July 9 - 13 / 9am - 12pm / \$80 / Drop off at Fluvanna Community Center

Play in the mud and explore clay! Campers will learn various hand building techniques to make and paint their own items (pots & vases, fantasy creatures, monsters, bug-buddies, self-portrait mobiles, jewelry, sculpture, etc.) Pieces will be fired and painted at the end of the session. Class includes clay and paint.

Combine Mixed Media Art Camp with Pottery Camp and get lunch supervision for free

Instructor: Catherine Garcia

If you have any questions please contact Alyson Pieno at (434) 589 - 2016 or apieno@fluvannacounty.org.

MIXED MEDIA ART CAMP (Half - Day)

Ages 7 - 13 / July 9 - 13 / 1 - 4pm / \$80 / Drop off at Fluvanna Community Center

Explore how everyday items can be used for creative and artistic purposes. We will explore an assortment of techniques using a wide array of materials to create pictures, toys, gadgets, jewelry and more. We will also explore math, art and some other aspects of STEM. All creations will be finished by the end of the session. Class includes materials.

Combine Pottery Camp with Mixed Media Art Camp and get lunch supervision for free

Instructor: Catherine Garcia

If you have any questions please contact Alyson Pieno at (434) 589 - 2016 or apieno@fluvannacounty.org.

FCPR YOUTH BASKETBALL CAMP

Ages 5 - 12 / July 9 - 13 / See Times Below / \$50 / Carysbrook Gym

The game of basketball is a fun experience for all ages. This camp is designed in a non-competitive environment to teach boys and girls the fundamentals of passing, dribbling, shooting, offensive and defensive strategies. Learn these fundamentals while having lots of fun with your new friends.

Times: Ages 5 - 8 years / 9 - 10:15am

Ages 9 - 12 years / 10:30am - 12pm

Contact Parks and Recreation with questions at (434) 589 - 2016.



SUMMER CAMPS

EQUUS SPRINGS FARM DAY CAMP

Ages 8+ / See Dates and Times Below / \$299 / Equus Springs Farm

Spend a week at a family run working Horseback Riding Stable where the learning opportunities are endless: riding lessons, horse care, feeding, first aid, clipping, tack care, hoof care, bathing, trail riding, anatomy, judging, critiquing, showmanship, training, foaling, pool time, games on horseback, field trips, crafts, and so many more possibilities. Daily riding lessons, weather permitting. Improve your intro/beginner to intermediate riding skills. **Find out what it really means to own a horse.** Proper riding boots required. Bring your lunch, swim suit, towel, sunblock, and dress for the weather each day, as this is an **OUTDOOR** camp. **Participants will be actively involved in the daily routine of running a horse farm; learning by doing, and getting dirty.** Registration ends one week prior to the camp start date. (Drop off as early as 7:30am, pick up as late at 4:30pm or later by personal arrangement.)

Session 1: Full Day Intermediate Session: July 9 - 13, 8am - 4pm

Session 2: Full Day Regular Session - All Skill Levels: July 23 - 27, 8am - 4pm

If you have any questions please contact Alyson Pieno at (434) 589 - 2016 or apieno@fluvannacounty.org.

ANIMAL WEEK

Ages 5 - 12 / July 16 - 20 / 7am - 6pm / \$160 / Meet at Carysbrook Gym

Do you love animals? Campers will be learning all about animals this week. We will visit the Richmond Zoo, Wildlife Center of Virginia, Natural Bridge Zoo, Leesburg Animal Park, etc. Campers will need to bring comfortable shoes, lunch and sunscreen. Activities may change based on availability and weather.

If you have any questions please contact Alyson Pieno at (434) 589 - 2016 or apieno@fluvannacounty.org.



SUMMER CAMPS

THEME PARK WEEK

Ages 5 - 12 / July 23 - 27 / 7am - 6pm / \$200 / Meet at Carysbrook Gym

Want a thrill?! This camp is designed for adventurous youth with high energy levels. Each day we will take a trip to a different attraction - Busch Gardens, Kings Dominion, Metro Richmond Zoo, an indoor trampoline park, go karts, etc. Campers will need to bring comfortable shoes, lunch and sunscreen. Activities may change based on availability and weather.

If you have any questions please contact Alyson Pieno at (434) 589 - 2016 or apieno@fluvannacounty.org.

AQUA MANIA WEEK

Ages 5 - 12 / July 30 - August 3 / 7am - 6pm / \$200 / Meet at Carysbrook Gym

Wrap up the end of your summer with this exciting water themed camp! Pack a swimsuit every day and prepare to get wet! We will be visiting Water Country USA, Soak City at Kings Dominion, Splashdown Waterpark, Massanutten Waterpark and more. Campers will need to bring a change of clothes, a towel, lunches and sunscreen everyday. Hours may vary slightly depending on destination/day. Activities may change based on availability and weather.

If you have any questions please contact Alyson Pieno at (434) 589 - 2016 or apieno@fluvannacounty.org.



ATHLETICS AND FITNESS

PICKLEBALL

All Ages / FREE

Pickleball is a cross between Ping Pong, Tennis, and Badminton and is the fastest growing sport! Players use oversized wooden paddles and a whiffle ball that moves and bounces slower than a tennis ball. The game is played on a badminton sized court that is divided by a 34 inch high net making the game easier for athletes to cover the court. Paddles and balls are provided. Come join this activity which is fast paced, easy to learn, a great exercise and is a lot of fun!

Mondays	6 - 8:30pm (Open to all ages)
Fridays	1:30 - 4pm (Ages 55+)
Saturdays	6 - 8pm (Open to all ages)



No Friday Pickleball June 1 - August 10

No Pickleball August 14 - 19

****Children 16 and under must have parental supervision to play****

Contact Alexandra Jones with questions at (434) 842 - 3150 or ajones@fluvannacounty.org.

HATHA YOGA 1 & 2 MIXED LEVELS

Ages 16+ / See Dates Below / 10:30- 11:45am / \$48 / Fluvanna Community Center

Discover new health and serenity by learning to both tone and relax the body and to calm the mind. Bring a mat and small pillow. Do not eat for two hours prior to class. Beginners are welcome! Instructor Devi Peterson (RN) is certified to teach Integral Yoga Hatha Levels 1 and 2. If you need to register please arrive 15 minutes early so you can be ready for class.

Session 1: May 30 - July 11 (No class on 7/4) Wednesdays

Session 2: June 25 - Aug 13 (No class 7/23 and 7/30) Mondays

Session 3: Aug 1 - Sept 5 Wednesdays

Contact Parks and Recreation with questions at (434) 589 - 2016.

NEW - FCPR ADULT BASKETBALL LEAGUE

Ages 18 + / Sundays / June 3 - July 29 / 12 - 4pm / \$75 per player or \$650 per team / Fluvanna Middle School Gym

Fluvanna County Parks and Recreation is starting a new adult basketball league this summer. The league will consist of an 8 game regular season and 1 weekend of a single elimination tournament. You may sign-up a full team or as a single. All singles will be placed onto teams that need extra players to reach the minimum. All teams must have at least 8 paying participants. (13 players max per team roster)

Registration Deadline: May 11

For more information contact Parks and Recreation at (434) 589 - 2016.

ACTIVE OLDER ADULTS

ACTIVE OLDER ADULT CENTERS

Fluvanna County's Active Older Adult programs provide a variety of recreation and leisure activities for ages 55+ at several locations. Activities include crafts, cultural events, field trips, guest speakers, and community forums. Seniors also participate in library events, holiday functions, and other therapeutic recreation programs. Most programs are free unless otherwise indicated.

Cunningham Active Older Adult Center: 1st and 3rd Monday of every month,
10am - 2pm: Scottsville VFW.
2997 W. River Road, Scottsville VA, 24590

Troy Active Older Adult Center: 1st and 3rd Tuesday of every month,
10am - 2pm: Beaver Dam Baptist Church
1794 Richmond Road, Troy VA, 22974

Fork Union Active Older Adult Center: Wednesdays weekly,
10am - 2pm: Fluvanna Community Center.
5725 James Madison Highway , Fork Union VA, 23055

Kents Store Active Older Adult Center: 2nd and 4th Thursday of every month,
10am - 2pm: Kent's Store ARC Building.
111 Kent's Store Way, Kent's Store VA, 23084

**Please contact Alexandra Jones with questions at (434) 842 - 3150 or
ajones@fluvannacounty.org.**



Interested in Teaching a Class or Workshop?

Teaching doesn't have to be hard! Tell us what you like, we'll help you make the curriculum, advertise the program, and bring you the students.
Call (434) 589 - 2016 to discuss your class interest.

FCPR Inclement Weather Policy

In the event of inclement weather, the Parks and Recreation Department's sponsored activities will be cancelled if Fluvanna County Schools are closed or close early for the day. Call (434) 589 - 2016, Monday - Friday 8am - 5pm or visit our Facebook page for info about Parks and Recreation Programs.

Carnival

May 9th to May 12th

Pleasant Grove Park

\$15 armbands or \$1 per ticket (Free Entry)

Wednesday, May 9 – 6pm to 10pm

Thursday, May 10 – 6pm to 10pm

Friday, May 11 – 4pm to 10pm

**Saturday, May 12 – 10am to 3pm
and 5pm to 10pm**



Valley Amusements will be coming for a special visit this Spring! Come out and enjoy all the rides that you enjoy during the County Fair! Admission to enter the Carnival will be free but you will still need to purchase ride tickets.

For more information please contact Parks and Recreation at (434) 589 - 2016.



FLUVANNA

County Fair

5th Annual

Wednesday, August 15th to Saturday, August 18th

Pleasant Grove Park

- **4-H events**
- **Home Arts competition**
- **Photo contest**
- **FCHS Pep Rally**
- **Live music from local musicians**
- **Carnival rides**
- **Local craft and food vendors**

Please keep an eye out at your local grocery stores, post offices, county offices and online at fluvannacounty.org for a detailed schedule of events. Questions about the Fair? Contact Aaron Spitzer at aspitzer@fluvannacounty.org or (434) 842-3150

Schedule:

- Wednesday: 6pm to 10pm **Carnival Only**
- Thursday: 4pm to 10pm **Carnival Starts at 6pm – Gate Fee: \$2 (18 and under Free)**
- Friday: 4pm to 10pm – **Gate Fee: \$2**
- Saturday: 10am to 10pm **Carnival closed 3pm to 5pm – Gate Fee: \$2**

Empowered Players

Summer 2018 Programs

***All FREE
Programs***



Young Empowered Players Camp (ages 6-12)

June 18-22, 2018 1-4pm

Carysbrook Performing Arts Center



Arts Enrichment Program Camp (ages 5-11)

June 18-22, 2018 9-12am

Carysbrook Performing Arts Center



Empowered Players Troupe Camp Grades 9-12

(or instructor permission)

June 25-30th, 2018 12-5pm

Carysbrook Performing Arts Center



EP Community Performance

(ages 13+ or instructor permission)

July 28th, 2018; rehearsals June/July;

auditions May 21st

Carysbrook Performing Arts Center

To register, visit:

www.empoweredplayers.com/summer-registration

OUTDOOR ACTIVITIES

RIVANNA RIVER HISTORY FLOAT

Ages 18+ / See Dates Below / 9am - 4pm approx. / \$20 / Meet at Palmyra VDGIF Boat Launch

This is a leisurely and educational float down the Rivanna River from Crofton to Palmyra. Along the way, we will stop and visit historic sites and structures that were an integral part of commercial navigation on the Rivanna in the 18th and 19th centuries. We will meet at Palmyra VDGIF boat launch – shuttle is provided. Paddling experience required. You must be able to carry one end of a boat and assist in lifting it onto a trailer. Participants may bring their own boat, paddle and PFD, or arrange for a rental for an additional fee of \$10. All participants should bring their own food and water, insect repellent, sunscreen and river shoes.

Session 1: May 20 Sunday

Session 2: June 3 Sunday

Session 3: July 15 Sunday

Session 4: August 19 Sunday

Session 5: September 16 Sunday

Instructor: Brian Coffield

For questions please contact Alyson Pieno at (434) 589 - 2016 or apieno@fluvannacounty.org.

INTRO TO KAYAKING ON THE RIVANNA

Ages 18+ / See Dates Below / 8am - 12:30pm / \$25 / Palmyra Boat Launch

Interested in Kayaking but you don't have the gear or experience? This class will cover all the basics and we will provide a boat, paddle and life jacket. We will cover the fundamentals of paddling and safety techniques; then take a leisurely 3 - 4 hour float on the Rivanna River from Crofton boat launch to the Palmyra boat launch. Class size limited to 8 participants.

Session 1: May 19 Saturday

Session 2: June 2 Saturday



If you have any questions please contact Alyson Pieno at (434) 589 - 2016 or apieno@fluvannacounty.org.

OUTDOOR ACTIVITIES

HORSEBACK RIDING AT EQUUS SPRINGS FARM

Hunt Seat and Western Lesson Available

Introduction to Horseback Riding

Ages 5 - 95 / See Dates & Times Below / \$100 / Equus Springs Farm / 4 week class

Ages 5 to 95 with little or no riding experience will learn grooming, tacking, and riding.

Session 1:	May 10 - May 31	Thursdays	6 - 7pm
Session 2:	May 12 - June 2	Saturdays	9 - 10am
Session 3:	June 9 - June 30	Saturdays	9 - 10am
Session 4:	June 29 - July 20	Fridays	4:30 - 5:30pm
Session 5:	July 7 - July 28	Saturdays	9 - 10am

Beginner Horseback Riding

Ages 6+ / See Dates & Times Below / \$100 / Equus Springs Farm / 4 week class

This class is a beginners class for children ages 6 and up with some experience who are able to trot independently and control speed and direction of the horse.

Session 1:	May 12 - June 2	Saturdays	10:30 - 11:30am
Session 2:	June 1 - June 22	Fridays	6 - 7pm
Session 3:	June 16 - July 7	Saturdays	10:30 - 11:30am
Session 4:	June 28 - July 19	Thursdays	4:30 - 5:30pm
Session 5:	July 6 - July 27	Fridays	6 - 7pm

Intermediate Hunter Horseback Riding

Ages 8+ / See Dates & Times Below / \$100 / Equus Springs Farm / 4 week class

Ages 8 and up with many years of experience; must be able to canter and jump 18" or lope patterns safely in a group.

Session 1:	June 1 - June 22	Fridays	4:30 - 5:30pm
Session 2:	July 7 - July 28	Saturdays	10:30 - 11:30am

Instructor: Heather Antonacci

Please contact Alyson Pieno at (434) 589 - 2016 or apieno@fluvannacounty.org for all horseback riding questions.

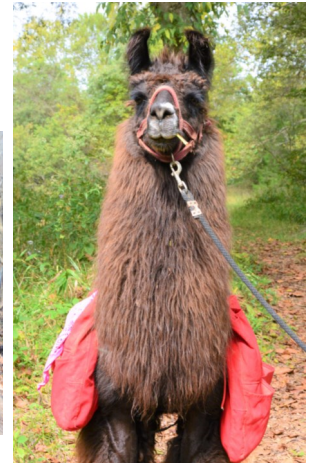


OUTDOOR ACTIVITIES

LLAMA TREKS

10+ or With Accompanying Adult / See Dates and Times Below / \$36 / Pleasant Grove Park

Session 1: May 19 Saturday 2pm
Session 2: June 11 Monday 10am



Enjoy a leisurely walk in the woods with a llama as your companion. You will be guided along roughly 3 miles of trails at Pleasant Grove. Learn about llamas and the local flora and fauna along the way. Each person, 10 years and older, will get to walk their own llama. Younger children may accompany an adult along the walk. Each walk will have room for up to 8 people. Bottled water will be provided. Please wear appropriate shoes for a hike in the woods. We will be crossing creeks. No flip flops, clogs, etc. The introduction to the llamas and the walk will take about 2 to 3 hours. Must sign up in advance. We will meet in the equine parking area.
Trek Leaders: Heather Antonacci and Paige McGrath - Lower Sherwood Llamas

For questions please contact Alyson Pieno at (434) 589 - 2016 or apieno@fluvannacounty.org.



Ticket Prices

Super Savings: \$40 - Valid March 24 - May 20, Friday - Sunday Only
Good Any Day: \$42 - Valid July 6 - 31
Super Savings: \$40 - Valid September 22 - October 28, Friday - Sunday Only

DOG OBEDIENCE TRAINING



About the Instructor:

Upon graduating from UVA, Ashleigh Morris looked to the dog world for a career path. Her natural ability with dogs led her to also pursue a career in dog training. Studying under an Animal Behavior Consultant, Ashleigh learned a variety of skills to help others solve their dog's behavior problems. She also learned to train dogs and humans in the basic skills needed to enhance the human - animal bond. Ashleigh has been training on her own since 2005 and continues to expand her knowledge and education in order to help people mold their dogs into the perfect companion. She uses positive reinforcement methods. Contact Ashleigh at (434) 589 -7209 or aymorris@hotmail.com with any questions.

BEGINNING OBEDIENCE

All Ages / See Dates & Times Below / \$80 / Dog Spot @ Fluvanna Community Center

Dogs will be dogs until humans teach them some proper manners. Learn how to positively motivate your dog to interact with people in an acceptable way by teaching sit, look, down, stay, come, leave it, and loose-leash walking — all building blocks to living with a well-mannered dog. Typical behavior problems and solutions for biting, barking, and many other issues will be discussed. Dogs of all ages with up-to-date shots are welcome. Families are encouraged to attend together.

Session 1: May 8 - June 5	Tuesdays	9 - 10am	
Session 2: May 9 - June 6	Wednesdays	6:30 - 7:30pm	
Session 3: June 12 - July 10	Tuesdays	6:30 - 7:30pm	(Skips June 26)
Session 4: June 14 - July 12	Thursdays	3:30 - 4:30am	(Skips June 28)
Session 5: July 24 - Aug 21	Tuesdays	3:30 - 4:30pm	
Session 6: July 25 - Aug 22	Wednesdays	7:30 - 8:30pm	



INTERMEDIATE OBEDIENCE OR CANINE GOOD CITIZEN OR CONFIDENCE CLASS

Dates & Times Below / \$80 / Dog Spot @ Fluvanna Community Center

Session 1: May 8 - May 29	Tuesdays	10 - 11am	(CGC will end June 5)
Session 2: May 9 - May 30	Wednesdays	7:30 - 8:30pm	(CGC will end June 6)
Session 3: June 12 - July 3	Tuesdays	7:30 - 8:30pm	(CGC will end July 10)
Session 4: June 14 - July 5	Thursdays	4:30 - 5:30pm	(CGC will end July 12)
Session 5: July 24 - Aug 14	Tuesdays	4:30 - 5:30pm	(CGC will end Aug 21)
Session 6: July 25 - Aug 15	Wednesdays	6:30 - 7:30pm	(CGC will end Aug 22)

***Please see the next page for Intermediate Obedience, Canine Good Citizen and Confidence Class descriptions.**

***NOTE* Depending on demand, either Intermediate Obedience, Confidence Building, or Canine Good Citizen, will run during the dates/times listed. Please let Ashleigh know as soon as possible which class you are interested in. You will be contacted closer to the class date as to what class will be held. Since the Confidence Class is held outdoors the dates/times it is offered is limited.**

DOG OBEDIENCE TRAINING

***INTERMEDIATE OBEDIENCE**

Take your dog's training to the next level with Intermediate Obedience. Learn how to get your dog to focus on you and come to you with lots of distractions while your dog builds on already-learned skills. Graduates of Beginning Obedience or dogs that have passed an assessment test may enter this class. This is a 4-week class.

***CANINE GOOD CITIZEN**

This class is designed to teach you how to teach your dog to be a good citizen in the community. Most of your dog's learning will be at home as the two of you work together every day. Ashleigh will spend each class teaching the 10 skills needed to pass the Canine Good Citizen test. She is a Canine Good Citizen Test evaluator and can offer the official AKC test for an additional fee upon graduation.

***CONFIDENCE BUILDING**

Help your dog gain confidence while you have fun teaching your dog to conquer a variety of obstacles. The more dogs learn, the more confidence and trust they place in their human. Dogs must have completed a Beginning Obedience class before enrolling in this course. This is a 4-week course.

DOG TRAINING CLINICS

Dates and Times Below / \$30 / Dog Spot @ Fluvanna Community Center

Training clinics are designed to help people learn how to teach basic skills to their dogs. Clinic I is a prerequisite to taking Clinic II, Clinic III & IV unless you have trained with Ashleigh previously. You can choose which clinics you attend, or attend all of them.

Clinic I: May 3 Thursday 10 - 11am

- **WITHOUT DOGS** - no you didn't read that wrong. This Clinic is designed so that the 2-legged students can get up to speed on positive reinforcement and how to use it to meet your training goals. Since you are your dog's primary trainer it is a must for you to understand how to communicate with them to help them grow into the canine companion that you want them to be.

Clinic II: June 13 Wednesday 3:30 - 4:30pm

- Look, sit, come, stay and wait. (Perfect for teaching the dogs not to dash out the door.)

Clinic III: July 11 Wednesday 3:30 - 4:30pm

- Look, sit, come, down and settle.
(Ideal for having the dogs chill while company is over.)

Clinic IV: August 9 Thursday 10 - 11am

- Look, sit, come, leave it and drop it. (A must if the dog snags an item they shouldn't have!)

For more information or questions please contact Alyson Pieno at (434) 589 - 2016 or apieno@fluvannacounty.org.

ENRICHMENT

FLUVANNA MOTHERS PLAY GROUP - ON BREAK MAY 23 - SEPTEMBER 4

Infants - 6 / Tuesdays / 10am - 12pm / \$5 per child per year / Carysbrook Gym

This is a weekly playgroup designed for children birth to 6. Our play area in the gym includes toys and play mats for your child to enjoy. We encourage parents and caretakers to play with the children and socialize in our kid-friendly environment. To fund all of our wonderful events throughout the year, purchase cleaning supplies and any bins and new toys, we ask for \$5 per child. Also, if you would like to donate any toys to the group, feel free to bring them. (However, please no stuffed animals due to cleaning and storage issues.)

Please contact Adrianna Wilder at carysbrookplaygroup@gmail.com or Parks and Recreation at (434) 589 - 2016 if you have any questions. Volunteers Needed!

GROUP PIANO LESSONS - COURSE 1 “ALL ABOUT PIANO”

5+ / See dates and times below / \$80 / CP Musik Studio

CP Musik Studio is offering a 4 week course on piano that covers everything from chords, reading sheet music, theory and more! This course will be sure to have you playing a few melodies! All skill levels welcome.

Session 1: June 7 - June 28 Thursdays 5 - 6pm

Session 2: June 8 - June 29 Fridays 5 - 6pm

Session 3: July 5 - July 26 Thursdays 5 - 6pm

Session 4: July 6 - July 27 Fridays 5 - 6pm

Instructor: Curtis Partusch

For more information please contact Alyson Pieno at (434) 591 - 2016 or apieno@fluvannacounty.org.

GROUP GUITAR LESSONS - COURSE 1 “ALL ABOUT GUITAR”

5+ / See dates and times below / \$80 / CP Musik Studio

CP Musik Studio is offering a 4 week course on guitar theory that covers everything from chords, strumming patterns, tabs, lead guitar and more! Students will learn everything from beginner to advanced concepts in this course. All skill levels welcome.

Session 1: June 7 - June 28 Thursdays 6 - 7pm

Session 2: June 8 - June 29 Fridays 6 - 7pm

Session 3: July 5 - July 26 Thursdays 6 - 7pm

Session 4: July 6 - July 27 Fridays 6 - 7pm

Instructor: Curtis Partusch

For more information please contact Alyson Pieno at (434) 591 - 2016 or apieno@fluvannacounty.org.

ENRICHMENT

HOW TO JOURNAL: THE WRITING JOURNEY

All Ages / May 22 / 6 - 8pm / \$10 / Fluvanna County Library

This workshop will explore how to express oneself through writing and keeping a journal and how to record thoughts that reveal our inner selves. Ideas and techniques will be discussed. Participants will be asked to write something and share it with the group. Registrations are limited.

Instructor: Page Gifford

For more information please contact Alyson Pieno at (434) 591 - 2016 or apieno@fluvannacounty.org.

CANOE LIVERY at PLEASANT GROVE

Fluvanna County Parks and Recreation (434-589-2016)

- **Rent canoes and kayaks**

\$100 deposit required on all rentals

Fee per boat: \$20 per day, \$35 per weekend

- **River Shuttle from Palmyra to Crofton**

\$5 per person (4 people or \$20 minimum required)

3-day notice required

- **Rivanna River History Float**

Float from Crofton to Palmyra and see historic structures along the way (shuttle provided)

\$20 per person (4-12 participants per trip required), ages 18+

Participants responsible to provide boat/paddle/life jacket, etc (rentals available)

- **Intro to Kayaking**

Covers basics of kayaking, followed by a float from Crofton to Palmyra.

\$25 per person (no more than 8 participants per class), ages 18+

Boat/paddle/life jacket will be provided.



FLUVANNA COUNTY PARKS AND FACILITIES

Pleasant Grove Park (Western Trailhead)

271 Pleasant Grove Drive
Palmyra, VA 2296

- Hiking, Equestrian and Biking Trails
- Pole Barn
- Playground
- Athletic Fields
- Butterfly Garden
- Outdoor Stage
- Disc Golf Course

Pleasant Grove House Museum and Welcome Center

271 Pleasant Grove Drive
Palmyra, VA 22963
(434) 589-2016

- Parks and Rec Office
- Transportation Museum
- Summer Kitchen
- Nature Room

Pleasant Grove Park (Eastern Trailhead)

110 Thomas Jefferson
Parkway
Palmyra, VA 22963

- Dog Park
- ADA Trailhead
- Picnic Shelters
- Fitness Loop

Pleasant Grove Dog Park

Located at the Eastern
Trailhead

- 3 fenced in areas for large and small dogs

Carysbrook Sport Complex

8788 James Madison
Highway

Fork Union, VA 23055

- Athletic Fields
- Gymnasium
- Playground
- Picnic Shelter

Carysbrook Performing Arts Center

8880 James Madison
Highway

Palmyra, VA 23055

- Various Performances
- Rental Options

Civil War Park

Court Square

Palmyra, VA 22963

- Fluvanna's First Park (1828)
- 1/2-acre space with picnic tables and Civil War tributes

Fluvanna Community Center

5725 James Madison
Highway

Fork Union, VA 23055
(434) 842-3150

- Parks and Rec Office
- Fork Union Active Older Adults Center
- Playground
- Rentals All Year Long

Cunningham Active Older Adult Center (VFW Hall)

2997 W. River Road
Scottsville, VA 24590

- Programs on 1st & 3rd Monday every month

Kent's Store Active Older Adult Center (ARC)

111 Kent's Store Way
Kent's Store, VA 23084

- Programs on 2nd & 4th Thursday every month

Troy Active Older Adult Center (Beaver Dam Baptist Church)

1794 Richmond Road
Troy, VA 22974

- Programs on 1st & 3rd Tuesday every month

RENTAL RATES

Fluvanna County Parks and Recreation rents facilities for weddings, receptions, meetings, conferences, lectures, dances, luncheons, parties and family reunions. Facilities and equipment are listed below. Refunds may be given when requested ONE WEEK PRIOR TO THE START OF THE RENTAL. A \$10 service charge will be deducted from the refund unless the cause is due to a change in the class schedule.

Pleasant Grove Park
Athletic Fields (Baseball, Softball, Soccer): \$10/hour
Tournaments: \$75/day
Outdoor Stage: \$100/day
Pole Barn: \$75/day (\$100 Deposit)
Utilities: \$25/day
Horseback Riding on Trails: \$8 (non-residents)
Meeting Room: \$10/hour (\$25 deposit)

Heritage Trail Pavilions (Eastern Trailhead)
Large Pavilion (40 people): \$50/day (\$100 Deposit)
Small Pavilion (25 people): \$25/day (\$100 Deposit)

Disc Golf Set:
\$5 per set with bag (\$50 Deposit)

Fluvanna Community Center
Meeting Room: \$20/hour (\$50 Deposit)
Auditorium: \$75/hour (\$100 Deposit)
Kitchen: Under Renovation
Staffing Fee (after hours): \$15 hour

Carysbrook Sports Complex
Athletic Fields: \$10/hour; with lights \$20/hour (\$100 Deposit)
Tournaments (per fields): \$75/day (\$100 Deposit)
Gymnasium: \$50/hour; with tarp \$75/hour (\$100 Deposit)



Kayaks & Canoes:
\$20 each per day \$35 each for weekend (\$100 Deposit)

River Shuttle Available:
\$5 a person or \$20 dollar minimum.
Call (434) 589 - 2016 for more information.

Tables
Rectangular: \$3 each per day (\$50 Deposit)
Round: \$5 each per day (\$50 Deposit)

Chairs
\$1 each per day (\$50 Deposit)

18' x 30' Tent Canopy
\$100/day (\$100 Deposit)

14' x 20' Tent Canopy
\$75/day (\$100 Deposit)



Connect with us on Facebook for News, Updates, Photos, and Events:

www.Facebook.com/

FluvannaParksandRecreation

2018 Summer Reading @ Fluvanna Library

Fluvanna County Public Library, 214 Commons Blvd., Palmyra, VA 22963
webpage: www.fcplva.org phone: (434) 589-1400 email: fluvannalibrary@gmail.com

LIBRARIES ROCK!

Registration for Reading Program & designated
Activities begin **MONDAY, May 7.**

NEW Format for Kids & Tweens!! Timed Reading!

Kids (ages infants - 8) - 15 minutes

Tweens (ages 9-12 or reading J Fiction) 30 minutes

Mark off 1 dot for every time increment you read -
complete 10 dots and win a FREE book or a spin of the
prize wheel & a chance (5x) to win the Grand Prize
(Kids - Kindle Fire/Tweens - Galileo Pro Laptop)

Teens (ages 13-18 or reading YA books) - Earn a
prize for every 5 books you read & a chance (up to 5x)
to win an iPad mini. Keep reading for 5 more chances.

Complete the whole sheet and get an entry into the
Special Drawing for an **xBox One.**

ALL Reading Logs due Saturday, August 11.

Special Programs!

SATURDAY mornings at 11 a.m.

- **June 23** - American Folk Tales & Songs - play
- **July 21** - Treasure Island - play

WEDNESDAY mornings at 11 a.m.

- **June 13** - Under the Sea (live animals)
- **June 20** - Larsen's World of Reptiles (live animals)
- **June 27** - Wes Iseli's Party Magic (magician)
- **July 11** - Peter McCorry One Man Band
- **July 18** - Science Tellers: Wild West (science)

**JOIN US FOR A CRAFT PROJECT FROM
10-12:30 P.M. BEFORE OR AFTER EACH SHOW!**

While supplies last

**Mother Goose on the Loose Story Time
(Ages infant-5)**

Tuesdays, June 5 - July 17 at 10 a.m

Move to the Music Story Time (Ages 2-5)

Fridays at 10 a.m.

June 1, 15, 29 & July 13

Sensory Exploration Bins (Ages 3-5)

Fridays at 10 a.m.

June 8, 22 & July 6, 20 - Dress for a possible mess -
Parent supervision required!!

LEGO/Builder Block Party

Fridays - 1-3 p.m.

May 25 & June 8, 22 & July 13, 27

Drop-In Craft & Activity Days

2-4 p.m. No Sign-up Needed - All ages welcome!

- **Father's Day Crafts** - Tuesday, June 12
- **Wind Chimes and more** - Tuesday, June 26
- **Suncatchers and more** - Tuesday, July 3
- **Wooden Bird Houses and more** - Tuesday, July 17
- **Mystery Craft** - Tuesday, July 31
- **Minute To Win It Family Challenges** - Thursday,
August 2

Story Book Walk

Fridays - 10-4 p.m.

Take a walk while enjoying a great book and collect
materials for a fun activity about the book!

- **June 15** - Over in the Meadow
- **July 20** - A House for Hermit Crab

Sing Along Movies

Bring Your Own Snack or Drink! No Sign-up Needed!

- **Sound of Music** - Wednesday, May 30 - 2 p.m.
- **Annie** - Thursday, July 12 - 2 p.m.
- **Frozen** - Wednesday, August 1 - 2 p.m.

MASTER NATURALIST SUMMER GUIDE

Join us for Nature Hikes and other outdoor activities at Pleasant Grove Park or just hike one of the 23 trails through the forest or our newly established wildlife meadows. Please consider hiking the tree identification trail behind the Library; children who finish the scavenger hunt receive a prize.

MONTHLY HIKES – Master Naturalist will lead hikes at 10am on the second Saturday of each month: Contact Ida Swenson for questions at idathefriz@gmail.com.

June 9 – Join us at the Pleasant Grove pole barn as we hike along Red’s Trail to Burke Creek to learn about water quality with hands-on activities including wading and searching for small water animals. Wear shoes and clothes suitable for water activities as well as hiking.

July 14 – Meet at the Pleasant Grove House Nature Room to hike the new Self Guided Nature Trail. You will learn about the many ways nature is alive at the Park and gain an appreciation of the different wildlife habitats and the native plants and animals that inhabit these areas.

August 11 – Meet at the equestrian parking area at the old oak tree as we hike the Birding Trail through the wildlife meadows. You will experience the variety of birds, plants and animals that inhabit these grasslands, long prized by Native Americans.

September 8 – Meet at the Nature Room at the Pleasant Grove House Summer Kitchen to visit some of the many bluebird houses at Pleasant Grove with a bluebird monitor. Learn how to encourage bluebirds on your property.

INFORMATIONAL KIOSKS – New educational materials are coming soon to the kiosks built through a Virginia Dominion Power grant.

SELF - GUIDED NATURE HIKE – Developed by the Master Naturalists for the annual Earth Day event. The Kiosk behind the Butterfly and Community Garden has a guide to the numbered signs along the trail to help you understand the forest and history of this area.

NATURE MUSEUM – The summer kitchen attached to the Haden House contains artifacts and educational materials about the natural resources of Fluvanna County.

NATURE FLYERS are available at the office of the Haden House. Flyers available include:

- Birding in Fluvanna Parks
- Pollinators
- Bluebirds

BUTTERFLY GARDEN – Visit our unique Butterfly Garden with over 500 native plants arranged in 4 different home style landscapes. You will see thousands of pollinators at work and, if you’re lucky, you can witness a newly hatched Monarch on one of our milkweeds. The Garden is adjacent to the Community Garden near the Haden House Museum parking lot.

Scheier Natural Area Programs Information: www.rivannariver.org

*Please check our Facebook page for trail conditions the day of the hike at
www.Facebook.com/FluvannaParksandRecreation*

Registration Form



FLUVANNA
PARKS & RECREATION

PAYMENT MUST ACCOMPANY THIS FORM
MAKE CHECKS PAYABLE TO "FCPR"
P.O. BOX 70, PALMYRA, VA 22963 (434) 589-2016

First Name _____ Middle Initial _____
Last Name _____ Birth Date __/__/__ Gender M/F

Mailing Address _____

Email Address _____

Home Phone _____ Mobile Phone _____

Emergency Contact: Name _____ Phone _____

Shirt Size: Youth Adult Small Medium Large X-Large

Special Needs/Disabilities _____ Allergies _____

Household Members:

Name: _____ Birth Date: ____/____/____

Name: _____ Birth Date: ____/____/____

Name: _____ Birth Date: ____/____/____

Name: _____ Birth Date: ____/____/____

Activity Title	Date(s)	Time(s)	Fee (non-resident add 15%)

Assumption Of Risk

I understand the nature of the activity in which I am (my child is) being enrolled. I understand that there are certain risks inherent with participating in recreational activity and that it is the duty of each participant to exercise reasonable care for their own safety and that of other participants. If this consent is given for my child, I also understand that, while participating in the activity, my child will be expected to behave in a reasonable and responsible manner and that the activity's supervisory staff has the authority to discipline my child in a manner similar to that imposed in Fluvanna County's public schools. I understand that under Virginia law, both Fluvanna County and its employees are immune from liability for negligence should I (my child) suffer any injury while participating in the activity and that I may consider procuring insurance to protect myself (my child) from such occurrences. With all this in mind, I hereby give my consent to enroll myself (my child) in the activity indicated. I also agree for my child to be transported by Parks and Recreation to the appropriate facility for my child to participate in such class if needed.

Signature of Participant or Legal Guardian if under 18 years of age _____ Date: _____

Print Legal Guardian's name for participants under 18 years of age: _____

Refund Policy: Refunds may be given when requested provided the request is made prior to the start of the activity. A \$10 service charge will be deducted from the refund unless the cause is due to a change in the class schedule. If supplies were purchased on your behalf, that amount may also be deducted from your refund. Allow up to 60 days for your refund to be mailed. A \$20 service charge will be assessed for any returned checks.

Office Use Only: Rec'd Date _____ By _____ Check # _____ Cash _____ CC _____

COMMUNITY PARTNERS

Fluvanna County Extension Office

5725 James Madison Highway
Fork Union, VA 23055
(434) 591 - 1950

Fluvanna County Library

214 Commons Boulevard
Palmyra, VA 22963
(434) 589 - 1400

School Board Office

14455 James Madison Highway
Palmyra, VA 22963
(434) 589 - 8208

Sheriff's Office

160 Commons Boulevard
Palmyra, VA 22963
(434) 589 - 8211

Fluvanna County Historical Society

Physical Address: 14 Stone Jail
Street
Palmyra, VA 22963
Mailing Address: PO Box 8
Palmyra, VA 22963
(434) 589 - 7910
fluvannahistory@gmail.com

Jefferson Area Board for Aging

674 Hillsdale Dr. Ste. 9
Charlottesville, VA 22901
(434) 817 - 5222
jabacares@gmail.com

Fluvanna Heritage Trail Foundation

PO Box 501
Palmyra, VA 22963
(434) 589 - 4839

Fluvanna Master Gardeners

(434) 591 - 1950
www.fluvannamg.org

Fluvanna Arts Council

265 Turkey Sag Trail
Suite 102, Box 210
Palmyra, VA 22963
(434) 842 - 1333
Info@Carysbrook.org

Social Services

8880 James Madison Highway
Fork Union, VA 23055
(434) 842 - 8221

Fork Union Military Academy

4744 James Madison Highway
Fork Union VA 23055
(434) 842 - 3212

Boy Scouts of America

Stonewall Jackson Area Council
www.bsa-sjac.org/districts/
monticello

Fluvanna Farm Bureau

15905 W. River Road
Fork Union, VA 23055
(434) 842 - 3411

Virginia Department of Game and Inland Fisheries

Chris Heberling, Game Warden
(540) 899 - 4169
www.dgif.virginia.gov

Child Services Act

132 Main Street
Palmyra, VA 22963
(434) 591 - 1933

Chamber of Commerce

177 Main Street
Palmyra, VA 22963
(434) 489 - 3262

Charlottesville Area Mountain Bike Club (CAMBC)

PO Box 6516
Charlottesville, VA 22906
info@cambc.org

Youth Advisory Committee

www.fluvannayac.org

Partnership for Aging

Deborrah Foreman
(434) 962 - 8153

Fluvanna Art Association

www.fluvannaartassociation.com

Department of Social Services

8880 James Madison Highway
Fork Union, VA 23055
(434) 842 - 8221



**Attention Veterans and Dependents:
Do you know your Veterans Benefits? We do!**

Virginia Department of Veterans Services
www.dvs.virginia.gov

Need help? Visit us at the Fluvanna Community Center by appointment only.

5725 James Madison Highway

Pamela Zirkle & Jeannette Flint (434) 295 - 2782

1st Wednesdays of each month from 9:30 - 11:30am

Basketball

Fluvanna County Parks & Recreation
(Fall & Winter)
Ages 3 - 13
Contact: Jonathan Pace
(434) 842 - 3150
jonathanpace@fluvannacounty.org

Baseball

FYB - Fluvanna Youth Baseball
(Spring)
Ages 4 - 15
Baseballfluvannayouth@gmail.com
Website: fluvannayouthbaseball.com

Cville Thunder Lacrosse

Youth Boys Lacrosse
(Spring, Summer, Fall)
Grades 4 - 12
Contact: Doug Hotz
(434) 242 - 0933
cvillethunderlax@yahoo.com
Www.leagelineup.com/cvillethunder

FAST - Fluvanna Aquatics Sports

Team (Summer)
Contact: Coz DiFazio
(434) 326 - 5566
info@fluvanna-swimming.org
www.fluvanna-swimming.org

Flutterwheels Square Dance Club

Free Open Houses:
September 11 & 18, 2017
Contact: Marti
(540) 894 - 0564
(540) 259 - 2568

Football

Fluvanna County Parks & Recreation
(Fall)
Ages 11 & 12
Contact: Jonathan Pace
(434) 842 - 3150 jona-
thanpace@fluvannacounty.org

FUMA Aquatic Club

(Summer)
Contact: Ryan Campbell
campbellr@fuma.org
(434) 842 - 4210

JDYFL - Jefferson District Youth

Football League (Fall)
Ages 8 - 14
Fluvanna County Contact:
Scott Fraser (757) 871 - 2190
Scott.fraser@accu-tech.com
www.TJFYL.net

Soccer

FYSA - Fluvanna Youth Soccer
Association
(Spring & Fall)
Littler Strikers & U5 - U14
Contact: Tom Beckham at
FYSAforce@aol.com
Website: www.fysa.org

Softball

Fluvanna Girls Softball League
(Spring & Fall)
Ages 5 - 18
Register January 4
Contact: Tiffany Rosales
(434) 242 - 1933
fluvannasoftball@gmail.com
www.fluvannagirlssoftball.com

Swimming

LMST - Lake Monticello Swim Team
(Summer)
Contact: Laura Payne
Lmst-info@comcast.net
www.lmst.jsl.org

Tennis

Camp Friendship Tennis Center
Contact: Alina Ackenbom
(434) 589 - 5867
alina@campfriendship.com
www.friendshiptennis.com

Pleasant Grove House Museum

A slice of Fluvanna history resides in the renovated Pleasant Grove House and Summer Kitchen Museums. The House also serves as the County Welcome Center for visitors along with housing exhibits relating to the history of transportation in Fluvanna County.

Hours:

Monday to Friday 8am - 5pm
Saturday and Sunday 12 - 4pm

Address:

271 Pleasant Grove Drive
Palmyra, VA 229663

Phone: (434) 589 - 2016

